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KEY=WILLIAM - EVELYN DEANDRE

NUTRITION SUPPORT FOR ATHLETIC PERFORMANCE

MDPI Athletes and their support personnel are constantly seeking evidence-informed recommendations to enhance athletic performance during competition and to optimize training-induced adaptations. Accordingly, nutritional and supplementation strategies are commonplace when seeking to achieve these aims, with such practices being implemented before, during, or after competition and/or training in a periodized manner. Performance nutrition is becoming increasingly specialized and needs to consider the diversity of athletes and the nature of the competitions. This Special Issue, Nutrition Support for Athletic Performance, describes recent advances in these areas.

BEAUTIFUL HARDSHIP

MY STORY

Millennial Mind Pub Bret's life has been a long and winding road coping with sexual abuse, drug and sex addiction, being homeless in the wake of September 11th, and becoming a professional bodybuilder. Now a commercial airline pilot, Bret reflects on his amazing life in the hopes that it will inspire readers to work hard and win their own battles.

IF AT FIRST YOU DON'T CONCEIVE

A COMPLETE GUIDE TO INFERTILITY FROM ONE OF THE NATION'S LEADING CLINICS

Rodale Books More than 7.3 million women in the United States are unable to have children because of infertility challenges, according to the American Society for Reproductive Medicine. Women and men diagnosed with infertility often feel overwhelmed and panicked; they are eager for accessible information and medically sound guidance. In this breakthrough book, Dr. Schoolcraft, one of the most renowned fertility specialists, offers hope to prospective parents by explaining what they need to know, including: • choosing the right physician and clinic • finding proven treatments for each condition • dealing with the emotional challenges of infertility • understanding the financial aspects of treatment If at First You Don't Conceive offers the latest information in the key areas of fertility drugs, insemination, in vitro fertilization, male infertility treatments, fertility options for cancer patients, and much more. It saves millions of hopeful parents from suffering and confusion by allowing them to become their own best advocates in the fight for fertility.

RINGWORLD

Paw Prints A two-headed creature and a large redfurred carnivore are among the members of a party which arrives to explore a mysterious world fabricated in the shape of a ring

BITTERS

A SPIRITED HISTORY OF A CLASSIC CURE-ALL, WITH COCKTAILS, RECIPES, AND FORMULAS

Ten Speed Press Gone are the days when a lonely bottle of Angostura bitters held court behind the bar. A cocktail renaissance has swept across the country, inspiring in bartenders and their thirsty patrons a new fascination with the ingredients, techniques, and traditions that make the American cocktail so special. And few ingredients have as rich a history or serve as fundamental a role in our beverage heritage as bitters. Author and bitters enthusiast Brad Thomas Parsons traces the history of the world's most storied elixir, from its earliest "snake oil" days to its near evaporation after Prohibition to its ascension as a beloved (and at times obsessed-over) ingredient on the contemporary bar scene. Parsons writes from the front lines of the bitters boom, where he has access to the best and boldest new brands and flavors, the most innovative artisanal producers, and insider knowledge of the bitters-making process. Whether you're a professional looking to take your game to the next level or just a DIY-type interested in homemade potables, Bitters has a dozen recipes for customized blends--ranging from Apple to Coffee-Pecan to Root Beer bitters--as well as tips on sourcing ingredients and step-by-step instructions fit for amateur and seasoned food crafters alike. Also featured are more than seventy cocktail recipes that showcase bitters' diversity and versatility: classics like the Manhattan (if you ever get one without bitters, send it back), old-guard favorites like the Martinez, contemporary drinks from Parsons's own repertoire like the Shady Lane, plus one-of-a-kind libations from the country's most pioneering bartenders. Last but not least, there is a full chapter on cooking with bitters, with a dozen recipes for sweet and savory bitters-infused dishes. Part recipe book, part project guide, part barman's manifesto, Bitters is a celebration of good cocktails made well, and of the once-forgotten but blessedly rediscovered virtues of bitters.

YOU CALL THIS THE FUTURE?

THE GREATEST INVENTIONS SCI-FI IMAGINED AND SCIENCE PROMISED

Examining the 50 coolest, most stylish, and most popular futuristic inventions, this handbook peers through the lens of today's science, looking at which ones have become reality and how they work, and which are still in the imagined future—will we ever get to ride our jetpacks? From prototype to realization, the technological evolution of each invention—such as the Star Trek communicator, which has become today's cell phone; the robot pets of Dr. Who; Vanilla Sky's cryonics; and even Sleeper's orgasmatron—is charted in this veritable history of the future.

DEFINING A GALAXY

30 YEARS IN A GALAXY FAR, FAR AWAY

It Was a Dark Time for the Galaxy In the late 1980s, Star Wars was becoming a fading memory. The movie trilogy had concluded. The comic books and novels were winding down. The action figures had run their course. As the franchise celebrated its tenth anniversary, there was a new ride at Disneyland and ... not much else. Not until a small hobby game company released Star Wars: The Roleplaying Game and The Star Wars Sourcebook. And suddenly the galaxy began to expand. This is the story of how a group of dedicated fans and gaming professionals helped pave the way for the Star Wars Expanded Universe - as told by one of the original architects! This book explains how material created for roleplaying games helped shape the Star Wars universe - and continues to influence it to the current day.

THERAPEUTIC APPLICATIONS OF HONEY AND ITS PHYTOCHEMICALS

VOL.1

Springer Nature Honey typically has a complex chemical and biochemical composition that invariably includes complex sugars, specific proteins, amino acids, phenols, vitamins, and rare minerals. It is reported to be beneficial in the treatment of various diseases, such as those affecting the respiratory, cardiovascular, gastrointestinal, and nervous systems, as well as diabetes mellitus and certain types of cancers; however, there is limited literature describing the use of honey in modern medicine. This book provides evidence-based information on the pharmaceutical potential of honey along with its therapeutic applications and precise mechanisms of action. It discusses in detail the phytochemistry and pharmacological properties of honey, highlighting the economic and culturally significant medicinal uses of honey and comprehensively reviewing the scientific research on the traditional uses, chemical composition, scientific validation, and general pharmacognostical characteristics. Given its scope, it is a valuable tool for researchers and scientists interested in drug discovery and the chemistry and pharmacology of honey.

WILLIAM SHAKESPEARE'S THE EMPIRE STRIKETH BACK

STAR WARS PART THE FIFTH

Quirk Books The New York Times Best Seller Experience the Star Wars saga reimagined as an Elizabethan drama penned by William Shakespeare himself, complete with authentic meter and verse, and theatrical monologues and dialogue by everyone from Yoda to a hungry wampa. Many a fortnight have passed since the destruction of the Death Star. Young Luke Skywalker and his friends have taken refuge on the ice planet of Hoth, where the evil Darth Vader has hatched a cold-blooded plan to capture them. Only with the help of a little green Jedi Master—and a swaggering rascal named Lando Calrissian—can our heroes escape the Empire's wrath. And only then will Lord Vader learn how sharper than a tauntaun's tooth it is to have a Jedi child. Authentic meter, stage directions, reimagined movie scenes and dialogue, and hidden Easter eggs throughout will entertain and impress fans of Star Wars and Shakespeare alike. Every scene and character from the film appears in the play, along with twenty woodcut-style illustrations that depict an Elizabethan version of the Star Wars galaxy. What light through Yoda's window breaks? Methinks you'll find out in the pages of *The Empire Striketh Back!*

WATER ACTIVITY IN FOODS

FUNDAMENTALS AND APPLICATIONS

John Wiley & Sons This second edition of *Water Activity in Foods* furnishes those working within food manufacturing, quality control, and safety with a newly revised guide to water activity and its role in the preservation and processing of food items. With clear, instructional prose and illustrations, the book's international team of contributors break down the essential principles of water activity and water-food interactions, delineating water's crucial impact upon attributes such as flavor, appearance, texture, and shelf life. The updated and expanded second edition continues to offer an authoritative overview of the subject, while also broadening its scope to include six newly written chapters covering the latest developments in water activity research. Exploring topics ranging from deliquescence to crispness, these insightful new inclusions complement existing content that has been refreshed and reconfigured to support the food industry of today.

TEXTBOOK FOR TRANSCULTURAL HEALTH CARE: A POPULATION APPROACH

CULTURAL COMPETENCE CONCEPTS IN NURSING CARE

Springer Nature This textbook is the new edition of Purnell's famous *Transcultural Health Care*, based on the Purnell twelve-step model and theory of cultural competence. This textbook, an extended version of the recently published *Handbook*, focuses on specific

populations and provides the most recent research and evidence in the field. This new updated edition discusses individual competences and evidence-based practices as well as international standards, organizational cultural competence, and perspectives on health care in a global context. The individual chapters present selected populations, offering a balance of collectivistic and individualistic cultures. Featuring a uniquely comprehensive assessment guide, it is the only book that provides a complete profile of a population group across clinical practice settings. Further, it includes a personal understanding of the traditions and customs of society, offering all health professionals a unique perspective on the implications for patient care.

USING THE FORCE

CREATIVITY, COMMUNITY AND STAR WARS FANS

Bloomsbury Publishing In this intelligent and entertaining study of fandom at its most intense, Will Brooker examines the Star Wars phenomenon from the audience's perspective and discovers that the saga exerts a powerful influence over the social, cultural, and spiritual lives of those drawn into its myth. From a Boba Fett-loving police officer in Indiana to the webmistress of www.starwarschicks.com; from an eleven-year-old boy in south London to a Baptist Church in South Carolina; Brooker unearths a seemingly endless array of fans who use and interpret the saga in a number of creative ways.

MODIFIED FIBERS WITH MEDICAL AND SPECIALTY APPLICATIONS

Springer Science & Business Media Covers cutting edge areas of fiber design and function in an introductory format Addresses a wide range of applications and modifications of natural and synthetic fibers for various applications Focuses on medical applications, but not exclusively Military and homeland security related applications Wound dressing design and future improvements are also covered Contains several different subjects such as magnetic fibers and electrospun fibers

MEDICAL MEDIUM CLEANSE TO HEAL

HEALING PLANS FOR SUFFERERS OF ANXIETY, DEPRESSION, ACNE, ECZEMA, LYME, GUT PROBLEMS, BRAIN FOG, WEIGHT ISSUES, MIGRAINES, BLOATING, VERTIGO, PSORIASIS, CYS

Hay House, Inc From the #1 New York Times best-selling author of Celery Juice and Liver Rescue, here's everything you need to know about cleansing to transform your health--and your life. If you think you don't have any need to do a cleanse--if you're sure you couldn't possibly be harboring any toxins in your body--think again. In today's world, there are poisons and pathogens that threaten our health starting before we're even born, and they continue to hold us back as we encounter them in our everyday life. Cleansing is a vital tool for fighting against these burdens--as long as you go about it the right way. That's why you need this book. Anthony William, the Medical Medium, has placed a vast wealth of insight and information into a one-stop resource for cleansing of all kinds, starting with his acclaimed nine-day 3:6:9 Cleanse and expanding into life-saving protocols for specific health needs--including an anti-bug cleanse, a morning cleanse, and a heavy metal detox. You'll discover: • How to choose the cleanse that's right for you • A deep dive into the causes of your symptoms and conditions • Critical cleanse dos and don'ts, including modifications and substitutions • The truth about trendy topics such as intermittent fasting and the microbiome • A guide to supplements you may choose to add to your cleanse • The physical reasons why cleansing can be an emotional experience • More than 75 recipes and sample menus to get you through your Medical Medium cleanse • Spiritual and soul support to remind you that healing is possible "The cleanses in this book speak to what's truly going wrong inside of our bodies that no trendy lifestyle approach can ever address," Anthony writes. "Have compassion for yourself and know that your suffering is not your fault. Your struggles are not your fault. You're accomplishing great things every single hour and day as you work on your healing process with the powerful tools in this book. I believe you can heal."

MEDICAL BONDAGE

RACE, GENDER, AND THE ORIGINS OF AMERICAN GYNECOLOGY

University of Georgia Press The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on poor and powerless women. *Medical Bondage* breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as "medical superbodies" highly suited for medical experimentation. In *Medical Bondage*, Cooper Owens examines a wide range of scientific literature and less formal communications in which gynecologists created and disseminated medical fictions about their patients, such as their belief that black enslaved women could withstand pain better than white "ladies." Even as they were advancing medicine, these doctors were legitimizing, for decades to come, groundless theories related to whiteness and blackness, men and women, and the inferiority of other races or nationalities. *Medical Bondage* moves between southern plantations and northern urban centers to reveal how nineteenth-century American ideas about race, health, and status influenced doctor-patient relationships in sites of healing like slave cabins, medical colleges, and hospitals. It also retells the story of black enslaved women and of Irish immigrant women from the perspective of these exploited groups and thus restores for us a picture of their lives.

BONES

RECIPES, HISTORY AND LORE

Harper Collins Top food stylist and food writer Jennifer McLagan has a bone to pick: too often, people opt for boneless chicken breasts, fish fillets, and cutlets, when good cooks know that anything cooked on the bone has more flavor -- from chicken or spareribs to a rib roast or a whole fish. In *Bones*, Jennifer offers a collection of recipes for cooking beef, veal, pork, lamb, poultry, fish, and game on their

bones. Chicken, steak, and fish all taste better when cooked on the bone, but we've sacrificed flavor for speed and convenience, forgetting how bones can enhance the taste, texture, and presentation of good food -- think of rack of lamb, T-bone steak, chicken noodle soup, and baked ham. In her simple, bare-bones style, Jennifer teaches home cooks the secrets to cooking with bones. Each chapter of *Bones* includes stocks, soups, ribs, legs, and extremities (except for whole fish -- they don't have any). Many of the recipes are simple, with the inherent flavors of the bones doing most of the work. There are traditional, elegant dishes, such as Roasted Marrow Bones with Parsley Salad, Olive-Crusted Lamb Racks, and Crown Roast of Pork, as well as new takes on homestyle favorites, such as Maple Tomato Glazed Ribs, Coconut Chicken Curry, and Halibut Steaks with Orange Cream Sauce. Stunning, full-color photographs of dishes like Rabbit in Saffron Sauce with Spring Vegetables; Grilled Quail with Sage Butter; and Duck Legs with Cumin, Turnips, and Green Olives are sure to inspire. In addition to the recipes, *Bones* includes a wealth of information on a wide range of bone-related topics, including the differences among cuts of meat, as well as the history and lore of bones.

DISSERTATION ABSTRACTS INTERNATIONAL

THE SCIENCES AND ENGINEERING. B

DRINKING WATER QUALITY

PROBLEMS AND SOLUTIONS

Cambridge University Press This textbook provides a comprehensive review of the problems associated with the supply of drinking water in the developed world. Since the first edition of this book was published, water companies and regulators have been presented with numerous new challenges - global warming has seriously affected water supplies and water quality; advances in chemical and microbial analysis have revealed many new contaminants in water that were previously undetectable; and recent terrorist attacks have demonstrated how vulnerable water supplies are to contamination or disruption. This new edition includes an overview of the current and emerging problems, with potential solutions. It has been completely updated, and includes the WHO Revised Drinking Water Guidelines. An ideal textbook for courses in environmental science, hydrology, environmental health and environmental engineering; it also provides an authoritative reference for practitioners and professionals in the water supply industry.

THE MIND-GUT CONNECTION

HOW THE HIDDEN CONVERSATION WITHIN OUR BODIES IMPACTS OUR MOOD, OUR CHOICES, AND OUR OVERALL HEALTH

HarperCollins Cutting-edge neuroscience combines with the latest discoveries on the human microbiome to inform this practical guide that proves once and for all the inextricable, biological link between mind and body. We have all experienced the connection between our mind and our gut—the decision we made because it “felt right;” the butterflies in our stomach before a big meeting; the anxious stomach rumbling when we’re stressed out. While the dialogue between the gut and the brain has been recognized by ancient healing traditions, including Ayurvedic and Chinese medicine, Western medicine has failed to appreciate the complexity of how the brain, gut, and more recently, the microbiome—the microorganisms that live inside us—communicate with one another. In *The Mind-Gut Connection*, Dr. Emeran Mayer, Executive Director of the UCLA Center for Neurobiology of Stress, offers a revolutionary look at this developing science, teaching us how to harness the power of the mind-gut connection to take charge of our health. *The Mind-Gut Connection*, shows how to keep the communication brain-gut communication clear and balanced to:

- Heal the gut by focusing on a plant-based diet
- Balance the microbiome by consuming fermented foods and probiotics, fasting, and cutting out sugar and processed foods
- Promote weight loss by detoxifying and creating a healthy digestion and maximum nutrient absorption
- Boost immunity and prevent the onset of neurological diseases such as Parkinson’s and Alzheimer’s
- Generate a happier mindset and reduce fatigue, moodiness, anxiety, and depression
- Prevent and heal GI disorders such as leaky gut syndrome; food sensitivities and allergies; and IBS; as well as digestive discomfort such as heartburn and bloating
- And much more.

Supplemental enhancement PDF accompanies the audiobook.

MAKING BABIES

A PROVEN 3-MONTH PROGRAM FOR MAXIMUM FERTILITY

Hachette UK Making Babies offers a proven 3-month program designed to help any woman get pregnant. Fertility medicine today is all about aggressive surgical, chemical, and technological intervention, but Dr. David and Blakeway know a better way. Starting by identifying "fertility types," they cover everything from recognizing the causes of fertility problems to making lifestyle choices that enhance fertility to trying surprising strategies such as taking cough medicine, decreasing doses of fertility drugs, or getting acupuncture along with IVF. Making Babies is a must-have for every woman trying to conceive, whether naturally or through medical intervention. Dr. David and Blakeway are revolutionizing the fertility field, one baby at a time.

TIM PAGE'S NAM

Thames & Hudson

BLACKBERRY INK

POEMS

NATIONAL PLANNING POLICY FRAMEWORK 2012

The Stationery Office The National Planning Policy Framework 2012 sets out the Government's planning policies for England in achieving sustainable development and how these are expected to be applied. It sets out the requirements for the planning system only to the extent that it is relevant, proportionate and necessary to do so. It provides a framework within which local people and their accountable councils can produce their own distinctive local and neighbourhood plans, which reflect the needs and priorities of their communities. This Framework does not contain specific policies for nationally significant projects for which particular considerations apply. Divided into thirteen chapters, with three annexes, it looks at the following areas, including: building a competitive economy; ensuring town centre vitality; supporting a high quality communications infrastructure; delivering high quality homes; protecting the Green Belt; meeting the challenges of climate change, flooding and coastal change; conserving the natural and historic environments and facilitating the sustainable use of minerals.

HISTORY OF WORCESTERSHIRE SAUCE (1837-2012)

Soyinfo Center

APPLIED THIN-LAYER CHROMATOGRAPHY

BEST PRACTICE AND AVOIDANCE OF MISTAKES

John Wiley & Sons Thin-layer chromatography (TLC) is a powerful, fast and inexpensive analytical method. It has proven its usefulness in pharmaceutical, food and environmental analysis. This new edition of the practical TLC guide features a completely revised chapter on documentation, now including the use of digital cameras. Selected new sorbents and instruments are also introduced. Why has the prior edition been successful? All steps of the analytical procedure are clearly explained, starting with the choice of a suitable TLC technique and ending with data evaluation and documentation. Special emphasis is put on the proper choice of materials for TLC. Properties and functions of various materials and the TLC equipment are described, covering e. g. precoated layers, solvents and developing chambers, including information on suppliers. Many practical hints for trouble shooting are given. All this is illustrated with numerous coloured figures. How to use TLC in compliance with GLP/GMP regulations is described in detail, including the required documentation. Therefore the reader can very easily compile his own standard operating procedures.

CONFRONTING COMMERCIAL SEXUAL EXPLOITATION AND SEX TRAFFICKING OF MINORS IN THE UNITED STATES

National Academies Press Every day in the United States, children and adolescents are victims of commercial sexual exploitation and sex trafficking. Despite the serious and long-term consequences for victims as well as their families, communities, and society, efforts to prevent, identify, and respond to these crimes are largely under supported, inefficient, uncoordinated, and unevaluated. *Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States* examines commercial sexual exploitation and sex trafficking of U.S. citizens and lawful permanent residents of the United States under age 18. According to this report, efforts to prevent, identify, and respond to these crimes require better collaborative approaches that build upon the capabilities of people and entities from a range of sectors. In addition, such efforts need to confront demand and the individuals who commit and benefit from these crimes. The report recommends increased awareness and understanding, strengthening of the law's response, strengthening of research to advance understanding and to support the development of prevention and intervention strategies, support for multi-sector and interagency collaboration, and creation of a digital information-sharing platform. A nation that is unaware of these problems or disengaged from solutions unwittingly contributes to the ongoing abuse of minors. If acted upon in a coordinated and comprehensive manner, the recommendations of *Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States* can help advance and strengthen the nation's emerging efforts to prevent, identify, and respond to commercial sexual exploitation and sex trafficking of minors in the United States.

NATURAL FIBERS, PLASTICS AND COMPOSITES

Springer Science & Business Media

METHYLXANTHINES

Springer Science & Business Media In the present volume of the Handbook of Experimental Pharmacology well known experts describe the actions of different xanthines with a focus on caffeine and theophylline. A special chapter is devoted to theobromine, an active component of chocolate, the actions of which are less well characterized. This book also presents the pharmacology of one xanthine derivative, propentofylline, as an example of a xanthine that has gone through extensive development for a novel therapeutic area.

EMPEROR OF THORNS

Penguin In the final novel in the Broken Empire Trilogy, the boy who would rule all may have finally met his match... King Jorg Ancrath is twenty now—and king of seven nations. His goal—revenge against his father—has not yet been realized, and the demons that haunt him have only grown stronger. Yet no matter how tortured his path, he intends to take the next step in his upward climb. Jorg would be emperor. It is a position not to be gained by the sword but rather by vote. And never in living memory has anyone secured a majority of the vote, leaving the Broken Empire long without a leader. Jorg plans to change that. He's uncovered the lost technology of the land, and he won't hesitate to use it. But he soon finds an adversary standing in his way, a necromancer unlike any he has ever faced—a figure hated and feared even more than himself: the Dead King.

HANDBOOK OF BEHAVIOR, FOOD AND NUTRITION

Springer Science & Business Media This book disseminates current information pertaining to the modulatory effects of foods and other food substances on behavior and neurological pathways and, importantly, vice versa. This ranges from the neuroendocrine control of eating to the effects of life-threatening disease on eating behavior. The importance of this contribution to the scientific literature lies in the fact that food and eating are an essential component of cultural heritage but the effects of perturbations in the food/cognitive axis can be profound. The complex interrelationship between neuropsychological processing, diet, and behavioral outcome is explored within the context of the most contemporary psychobiological research in the area. This comprehensive psychobiology- and pathology-themed text examines the broad spectrum of diet, behavioral, and neuropsychological interactions from normative function to occurrences of severe and enduring psychopathological processes.

HANDBOOK OF OLIVE OIL: ANALYSIS AND PROPERTIES

Springer Science & Business Media This new olive oil handbook provides a wealth of detail about the analysis and properties of olives and their oil. It covers technological aspects and biochemistry, a description of detailed techniques, and an analysis of olive oil from the standpoint of general methodology.

SALT, SUGAR, FAT

HOW THE FOOD GIANTS HOOKED US

Random House The No.1 New York Times Bestseller In China, for the first time, the people who weigh too much now outnumber those who weigh too little. In Mexico, the obesity rate has tripled in the past three decades. In the UK over 60 per cent of adults and 30 per cent of children are overweight, while the United States remains the most obese country in the world. We are hooked on salt, sugar and fat. These three simple ingredients are used by the major food companies to achieve the greatest allure for the lowest possible cost. Here, Pulitzer Prize-winning investigative reporter Michael Moss exposes the practices of some of the most recognisable (and profitable) companies and brands of the last half century. He takes us inside the labs where food scientists use cutting-edge technology to calculate the 'bliss point' of sugary drinks. He unearths marketing campaigns designed - in a technique adapted from the tobacco industry - to redirect concerns about the health risks of their products, and reveals how the makers of processed foods have chosen, time and again, to increase consumption and profits, while gambling with our health. Are you ready for the truth about what's in your shopping basket?

THE ART OF

ABRAMS An upcoming book to be published by Abrams Books.

THE ULTIMATE STAR WARS AND PHILOSOPHY

YOU MUST UNLEARN WHAT YOU HAVE LEARNED

John Wiley & Sons Does it take faith to be a Jedi? Are droids capable of thought? Should Jar Jar Binks be held responsible for the rise of the Empire? Presenting entirely new essays, no aspect of the myth and magic of George Lucas's creation is left philosophically unexamined in *The Ultimate Star Wars and Philosophy*. The editors of the original *Star Wars and Philosophy* strike back in this Ultimate volume that encompasses the complete Star Wars universe Presents the most far-reaching examination of the philosophy behind Star Wars - includes coverage of the entire film catalogue to date as well as the Expanded Universe of novels, comics, television series, games and toys Provides serious explorations into the deeper meaning of George Lucas's philosophically rich creation Topics explored include the moral code of bounty-hunter favourite Boba Fett, Stoicism and the Jedi Order, the nature of the Dark Side, Anakin and Achilles in a nihilism face-off, feminism and being chained to a giant slug, cloning, de-extinction, fatherhood, Wookiees, loyalty, betrayal, guardians, republics, tyrants, terrorism, civic duty, friendship, family, and more! Publishing in time for the global release of *Star Wars Episode VII: The Force Awakens* on December 18, 2015 - hotly anticipated to become the first film to top \$3 billion in worldwide box office sales

COOKWISE

THE SECRETS OF COOKING REVEALED

William Morrow Cookbooks In *CookWise*, food sleuth Shirley Corriher tells you how and why things happen in cooking. When you know how to estimate the right amount of baking powder, you can tell by looking at the recipe that the cake is overleavened and may fall. When you know that too little liquid for the amount of chocolate in a recipe can cause the chocolate to seize and become a solid grainy mass, you can spot chocolate truffle recipes that will be a disaster. And, in both cases, you know exactly how to "fix" the recipe. Knowing how ingredients work, individually and in combination, will not only make you more aware of the cooking process, it will transform you into a confident and exceptional cook—a cook who is in control. *CookWise* is a different kind of cookbook. There are more than 230 outstanding recipes—from Snapper Fingers with Smoked Pepper Tartar Sauce to Chocolate Stonehenge Slabs with Cappuccino Mousse—but here each recipe serves not only to please the palate but to demonstrate the roles of ingredients and techniques. The What This Recipe Shows section summarizes the special cooking points being demonstrated in each recipe. This little bit of science in everyday language indicates which steps or ingredients are vital and cannot be omitted without consequences. No matter what your cooking level, you'll find *CookWise* a revelation.

FERTILITY CRYOPRESERVATION

Cambridge University Press Protecting the reproductive potential of young patients undergoing cancer therapy is increasingly

important. With modern treatment protocols, 80% of patients can be expected to survive. It has been estimated that up to one in 250 young adults will be a survivor of childhood cancer in the future; infertility, however, may be a consequence. As a wide range of fertility preservation methods are increasingly offered by clinicians, this systematic and comprehensive textbook dealing with the cryobiology, technology and clinical approach to this therapy will be essential reading to infertility specialists, embryologists, oncologists, cryobiologists, ObGyns, andrologists, and urologists with an interest in fertility preservation. Fertility Cryopreservation reviews all the techniques of this increasingly important field within reproductive medicine. It covers the basic principles of pertinent cryobiology, and contains major sections on the different therapies available, written by international specialists combining experience from both academic centers and commercial industries.

RESEARCH AWARDS INDEX

THE CLASS-BOOK OF ETYMOLOGY

DESIGNED TO PROMOTE PRECISION IN THE USE, AND FACILITATE THE ACQUISITION OF A KNOWLEDGE OF THE ENGLISH LANGUAGE

CONSERVATION AND UTILIZATION OF THREATENED MEDICINAL PLANTS

Springer Nature Medicinal plants are globally valuable sources of herbal products. Plant-based remedies have been used for centuries and have had no alternative in the western medicine repertoire, while others and their bioactive derivatives are in high demand and have been the central focus of biomedical research. As Medicinal plants move from fringe to mainstream with a greater number of individuals seeking treatments free of side effects, considerable attention has been paid to utilize plant-based products for the prevention and cure of human diseases. An unintended consequence of this increased demand, however, is that the existence of many medicinal plants is now threatened, due to their small population size, narrow distribution area, habitat specificity, and destructive mode of harvesting. In addition, climate change, habitat loss and genetic drift have further endangered these unique species. Although extensive research has been carried out on medicinal and aromatic plants, there is relatively little information available on their global distribution patterns, conservation and the associated laws prevailing. This book reviews the current status of threatened medicinal plants in light of increased surge in the demand for herbal medicine. It brings together chapters on both wild (non-cultivated) and domestic (cultivated) species having therapeutic values. Thematically, conventional and contemporary approaches to conservation of such threatened medicinal plants with commercial feasibility are presented. The topics of interest include, but not limited to, biotechnology, sustainable development, in situ and ex situ conservation, and even the relevance of IPR on threatened medicinal plants. We believe this book is useful to horticulturists, botanists, policy makers, conservationists, NGOs and researchers in the academia and the industry sectors.

NATURAL PRODUCT EXTRACTION

PRINCIPLES AND APPLICATIONS

Royal Society of Chemistry Natural products are sought after by the food, pharmaceutical and cosmetics industries, and research continues into their potential for new applications. Extraction of natural products in an economic and environmentally-friendly way is of high importance to all industries involved. This book presents a holistic and in-depth view of the techniques available for extracting natural products, with modern and more environmentally-benign methods, such as ultrasound and supercritical fluids discussed alongside conventional methods. Examples and case studies are presented, along with the decision-making process needed to determine the most appropriate method. Where appropriate, scale-up and process integration is discussed. Relevant to researchers in academia and industry, and students aiming for either career path, Natural Product Extraction presents a handy digest of the current trends and latest developments in the field with concepts of Green Chemistry in mind.